

Pressure Point Control Tactics A Self – Defense Course

Instructor

Sensei Christopher Smaby **8 th Dan**

May 10 & 11, 2014

This hands-on self-defense seminar demonstrates how an opponent can be efficiently neutralized by applying pressure to certain points on the body.

Sensei Christopher Smaby holds an 8th degree black belt in Shotokan Karate. He has been training in martial arts for over 51 years. He is also a law enforcement veteran with more than 35 years of experience.

Sensei Christopher Smaby is a self-defense instructor renowned for his expertise in pressure point control tactics. He has spent decades researching, studying, and developing a devastatingly effective system of self – defense based on the application of pressure to specific nerve points on the body.

With a Master's Degree in Body Mechanics and Physical Education, experience as a kinesiologist, and his extensive credentials as an Instructor with Iowa Law Enforcement Academy since 1978, he is uniquely qualified to teach these effective defensive techniques.

Sensei Christopher Smaby will be conducting a two day self – defense seminar in Wetaskiwin, Alberta. This is ideal for both men and women working as law enforcement officials, EMT's, paramedics, security guards, medical professionals, social workers. If your profession puts you in contact with aggressive individuals this seminar is a must!

This course is not appropriate for people under the age of sixteen.

Location: Ecole' Queen Elizabeth School: 4720 – 51 St Wetaskiwin, Alberta

Date	Times	Cost	
Saturday May 10	10:00 am-12:00 pm	Full Seminar	\$100
	2:00 pm-4:00 pm	Per Day	\$55
Advanced belts only	4:00 pm-5:00 pm	Grading	
		Yellow & Orange	\$30
Sunday May 11	10:00 am-11:30 am	Green & Purple	\$40
Belt Grading	11:30 am-12:30 pm	Brown	\$50
Resume training	2:00:00 PM-5:00 pm	Black	Check with your Sensei

Advanced Belt Kata Class & Kyu and Dan Examinations will be conducted by

Sensei Jerry Marr 8th Dan

Technical Director for JKA Canada from Winnipeg Manitoba